

**BROOKVALE MEATS'**

# Meaty Bites Newsletter

**Edition 1, August 2010**



Photo courtesy of Manly Daily - Andrew Lupton, front, with the Brookvale team.

Welcome to the first edition of Brookvale Meats' newsletter 'Meaty Bites' in which you will find news about our latest specials, products and news.

It has been 6 months now since we took over Brookvale Meats and introduced Nonna's Gourmet Sausages into the fold.

It has been a great feeling to be welcomed into the neighbourhood by the local community and we are doing our best to get to know everyone!

We are trying to bring back the old style of butchers, where meat is cut fresh from the animal on the premises. This ensures optimum flavour and quality.

We source as much free-range, hormone and chemical-free meat as possible. In fact, some of our beef comes from our partner's farm near Bega.

Nonna's Gourmet sausages are also made daily. Most are gluten-free and are made from top-quality meat, fresh herbs and years of experience!

You can phone your order through in advance to make shopping easier, or come in and talk to the team. There will always be someone there with a smile to serve you.

This family run business is committed to bringing Brookvale Meats back to life and welcomes your patronage.

See you in the shop!

*Andrew Lupton*

Please email editor if you would like to receive monthly newsletter and specials by email - [carolcropper@gourmetsausages.com.au](mailto:carolcropper@gourmetsausages.com.au)

## SAUSAGE OF THE MONTH

Our sausage of the month for August is the Irish - a soft and yielding veal and pork sausage with fresh marjoram and traditional spicing.

Available this month at 15% off - \$12.30/kilo!!

## THE HUMBLE PIG

Pork, maiale, cerdo, carne de porco, majjal - call it what you will, this particular meat has certainly been popular at Brookvale Meats over the past couple of months!

People from all over the Northern Beaches have been buying their whole pigs to keep the sausage, salami and ham making traditions of their native homelands alive.

This is a rich tradition, involving family and friends working together enjoying food and sharing a drink.

And the end result is a year's supply of produce for their larders, made in the way their families have probably done for decades, if not centuries.



### This month's specials:

- Rump Steak  
\$8.99 per kilo - sliced free!
- Irish Sausages - \$12.30 per kilo - 15% off!

Just mention this promotion.

Brookvale Meats, 45 Mitchell Road, Brookvale NSW 2100, phone 02 9905 5239